Speed - most students set the speed to low.

      Beginner (after session 10) set speed at 10 wpm
   - during the run, one station is TOO FAST, then the speed is correct. So 95% will call you at a speed within your capability.

Time - 7 minutes. It is easier to achieve no errors in 7 minutes than 15 minutes.

If you believe the call is correct, hit ENTER.
If you are uncertain of the call, depress F5 <his>

Possible replies

Station sends NR? when you just sent the exchange.
NOW send a FULL exchange his call, exchange; F5 then F2.

He does not come back at all anymore, now you're hearing nothing ????
  first try NIL or F1

Log entry

NIL - try F3 <TU>, you may have been sending while he was sending.
  sometimes NIL goes away.

USE ESC to stop your sending

To completely clear your entry fields, select either alt-w or cntl-w